

FINGER LAKES ITINERARY

FEATURING: CAYUGA LAKE & ITHACA

WELCOME TO THE FINGER LAKES REGION IN
UPSTATE NEW YORK!

HERE YOU'LL FIND AN ABUNDANCE OF ACTIVITIES WHETHER YOU'RE AN OUTDOOR ENTHUSIAST, WINE AND BEVERAGE CONNOISSEUR, OR ADMIRER OF THE INDOORS; THERE ARE 9,000 SQUARE MILES, 14 COUNTIES, AND 11 UNIQUE LAKES PACKED WITH VARIETY TO SEE AND DO! BUT WHERE DO YOU START? WE ARE HERE TO HELP WITH A CLOSER LOOK INTO THE FINGER LAKES REGION.

BELOW GIVES A CLOSER LOOK INTO CAYUGA LAKE, ITHACA AND THE CORTLAND AREA.





ATTRACTIONS

Located right in the heart of these Finger Lakes wine trails is the [Cayuga Lake Wine Trail](#), home to a unique blend of award-winning wines, scenic beauty and local eateries.

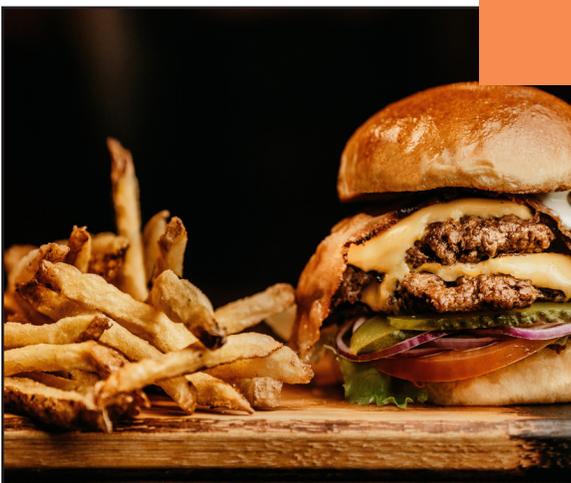
Referred to as 'America's First Wine Trail,' the [Cayuga Lake Wine Trail](#) was first established in 1983 in an effort to promote the wineries located within the region as a collective. Today, the longest-running wine trail in America now offers a variety that is truly unmatched in wine touring and tasting

Take your taste buds for a cruise on the Cayuga Wine Trail featuring 14 wineries.

Starting in Ithaca make your way up the west side of Cayuga Lake stopping at **Americana Vineyard & Crystal Lake Cafe**, sampling a wine for every palate. You can choose from dry and flavorful Chardonnays or their popular Crystal Lake wine made from Niagara grapes. Also for those very sweet palates, try the dessert-style red, Sweet Rosie. Jumping next door is **Lucas Vineyards**, known for celebrating every visitor who comes through their doors. Enjoy tasting their wines, exploring their gift shop, or relaxing outside on their beautiful property.

Keep those taste buds dancing with some cider at **Thirsty Owl Wine Company, Buttonwood Grove Winery, Goose Watch Winery, and Swedish Hill Vineyard**. If wine and cider aren't your thing, or you're looking to change it up, the next stop on the itinerary is Knapp Winery & Vineyards Restaurant. Here you have the option to sample more wines, and find some spirits at their distillery. Explore the varieties of wine, ciders, and distilleries the [Cayuga Wine Trail](#) has to offer!

Last stop before food is at **Montezuma Winery and Hidden Marsh Distillery**, known for their award winning fruit, honey and grape wine since 2001. Expand your palate by sampling wines ranging from dry to sweet.

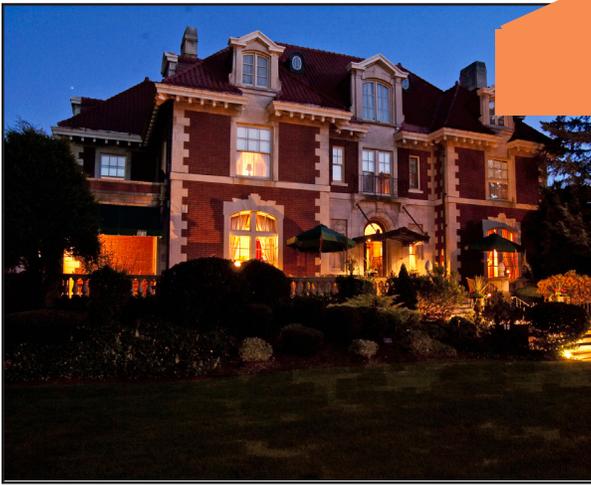


DINING

Are you hungry yet?

After sampling a variety of beverages, let's get you something to eat. Going west on Route 5 & 20, we'll wander our way to Waterloo, NY to **Woody's Bar & Grille**.

Woody's Bar and Grille has something for all appetites, enjoy bar food to full dinners. Come for the food, and relaxed atmosphere, but stay for a show. Woody's hosts a variety of events, check their [event schedule here](#).



LODGING

- Cost Friendly
- Luxury
- Pet Friendly
- Romantic
- Cozy
- Historic
- Near Attractions

Finding a place to stay with everything on your list can be tricky, but the **Cortland Area Innkeepers** are here to help!

Cortland County - just minutes from the Ithaca area and Cayuga Lake, offers a variety of Hotels, Bed and Breakfasts, Inns, Campgrounds, and Vacation Rentals within the Finger Lakes Region.

What are you looking for?

“I want to spend my time exploring, and less time in the hotel.”

- **Econo Lodge:** An easy stop on the road, offering an experience that simplifies travel, along with amenities that will meet your budget.
- **Seven Valley Motel:** A great place to get some rest and a satisfying meal. Here you can kick back, relax and forget all of your daily stresses.



“I’m looking to relax and refresh.”

- **Hope Lake Lodge at Greek Peak Mountain Resort:** Take in panoramic views in every direction in all four seasons, and enjoy spa facilities for relaxation, and rejuvenation.
- **Lynne Parks’68 SUNY Cortland Alumni House:** This magnificent mansion located in the Historic District of downtown Cortland, is an impressive bed and breakfast that serves as the perfect place to spend an evening relaxing by the fire, sharing a bottle of champagne/wine, or taking part in the main stay message and spa package.

To find the perfect place for you and your trip needs, use the resources of the **Cortland Area Innkeepers Association**.

